**Northern Virginia Falls Prevention Alliance**

**Steering Committee Meeting**

**April 25, 2019; 10:00 – 12 noon**

**Marymount University, Ballston Center**

**Minutes**

**In attendance:** Patty Barnett, Melanie Bush, Sherry Compton, Marjan Daneshmand, Holly Hanisian, Allegra Joffe, Uma Kelekar, Claire Kelly, Sara Pappa, Anne Peret, Jill Rawlins, Cathy Turner, Linda Watkins, Rita Wong, Alexandra Woodman Johnson.

**Welcome/Introductions:** Sara welcomed everyone and each person introduced themselves and shared updates on current aging and falls prevention activities.

**Presentation:** Marjan Daneshmand of VHC gave a presentation on medication as it relates to falls prevention. She is the Director of the Outpatient Pharmacy at VHC.

**Grant and Alliance Activities:** Sara gave an update on the activities of the grant and Alliance, including the grant deliverables for 2018-2021. Updates included:

* In addition to all of our current and potential new sites, we continue to focus on expanding to medically underserved areas and need assistance from our partners to identify sites for our programs. Sara requested everyone’s assistance on this.
* Uma Kelekar is working on the Medicare Advantage initiative and other insurance-related issues. She will have an update for the group at the July meeting.
* RTO: AMOB and SAIL leader booster sessions will be scheduled in June and leader trainings will be held in the fall. The website will be updated with this information soon.
* We are working to get the Otago (regular) program implemented at a few sites. Sara asked for assistance from the group to please reach out to your contacts and let her or Rita know if you have any leads.
* One of our grant staff, Julie Ries, will be conducting an Otago class this summer at Insight Memory Care.
* Rita gave an update on the state falls prevention coalition and strategic plan. She asked for volunteers to work on the strategic plan on behalf of the Alliance.
* We are considering using a site like Workshop Wizard to market our programs. We may use our current Wix site to do this initially. We need people (community members and healthcare professionals) to be able to find and register for our programs.
* The group discussed having several smaller events around the region for FPAW (9/16 – 25 with some wiggle room during the month). Inova has an event set for Sept. 20th. VHC is also in the planning stages for an event that week or month. Members agreed to work together to plan events. Sara will maintain a calendar on the website as more events are planned.
* We will look to have a media presence during Sept., on Fairfax’s 55+ Podcast, Mature Living, Arlington’s Aging Matters radio show, etc.

The meeting adjourned at 12:00 p.m.

**Northern Virginia Falls Prevention Alliance (Twitter: @Nvfallsprevent)**

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**Marymount University; Ballston Center**

**1000 N Glebe Rd., Arlington; Room 4088**

**Agenda**

10:00 – 10:10 Welcome/Introductions

10:10 – 10:30 Presentation: Medication Related Fall Risk Prevention

Marjan Daneshmand, Director Outpatient Pharmacy

Virginia Hospital Center

10:30 – 10:45 Activities/events

* Grant: 2018-2021
* Uma Kelekar, Medicare Advantage initiative
* Community outreach
* SAIL and AMOB (need for data collection)
* Otago
* Virginia DARS (update and state strategic plan)

10:45 – 11:15 Alliance/Programs

* Wix Website; Workshop Wizard
* Linking to partners (how can we help each other)
* Marketing materials
* Newsletter
  + Content submission by 4/30
  + Next publish date of 5/3

11:15 – 11:45 Planning: 2019

* SC meetings (dates set; need speaker for 10/24)
* Professional development event(s)
* Speakers’ Bureau
* FPAW (and other) theme and activities; calendar of events

11:45 – 12:00 Roundtable

* Member sharing
* Next steps