Greetings!

Happy Holidays (and a few reminders) from all of us at NVFPA!

This time of year is filled with joy, love and festivities. We wish a happy and safe season to all of our community partners. Keep falls prevention in mind when deciding your New Year’s resolutions! And, don't forget to check out all our events planned for 2020!

2020 Alliance Membership Meetings

The NVFPA Steering Committee meets quarterly on the 4th Thursday from 10:30 AM to 12:30 PM. Here are the dates for 2020:

- January 23, April 23, July 23, October 22

Meeting locations TBD. For more information, email Sara Pappa at spappa@marymount.edu.
PLEASE help us spread the word about our upcoming leader trainings:

**Sail Leader Training**
- January 16, 2020; 8:00am- 1:00pm
- Cost: $40
- Location: Goodwin House Bailey's Crossroads
  3430 S Jefferson St, Falls Church

**AMOB Leader Training**
- February 20th, 2020; 8:30am- 4:30pm
- Cost: $60
- Location: Government Center Complex, conf. room 7
  12011 Government Center pkwy, Fairfax

Click [here](#) for more information and to register.

Check out our website for listings of current programs in our area as well as resources for SAIL and AMOB leaders. You can also send us information on evidence-based falls prevention programs you are offering and we will add them to our site!

[www.novafallsprevention.com](http://www.novafallsprevention.com)

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**Opportunities For You**

**The 2020 Aging in America Conference**

Join American Society on Aging in Atlanta, March 2020, to learn the best practices and gain insights from leaders in the field about the current state of aging in America.

The 2020 conference will have a strong focus on critical and emergent topics facing the field of aging, as well as cutting-edge and responsive programmatic, research, policy and advocacy efforts.

For more information and to register for the event click [here](#).

**Virginia Governor's Conference on Aging**

May 12, 2020

The 2020 conference will provide the opportunity for participants to take an active role in making Virginia a better place to live for our aging population. The one-day conference will include breakout sessions in three focus areas and keynote speakers that will bring a
Alliance Members

Members of the Alliance enjoy many benefits, including:

- Recognition as a member on the NVFPA website and in community-facing materials;
- Ability to link your organization’s website to the NVFPA member website page;
- Priority access to NVFPA resources, e.g. referrals of leaders and coaches, available facilities for programs, and more;
- Networking and professional development opportunities;
- Access to expertise and best practices related to fall prevention;
- Connection to local, regional and state initiatives regarding falls and falls prevention;
- Vendor eligibility at internal NVFPA events and exhibits, with reduced vendor rates available.

Click here to view the current list of Alliance members.

Click here to join today!

Resources

National Council on Aging Website: Click Here
CDC Community Guide to Preventing Falls: Click Here
Tips to Prevent Falls: Click Here
The ACL Website: Click Here

Contact Us

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Happy Holidays!

Interested in submitting news or photos to share? Email Sara Pappa at spappa@marymount.edu.

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